About our sessions

Fantastic programme is a nurturing programme that helps your child grow through age-appropriate songs, stories, sensory play, and focused activities supporting their development and making the transition from home to nursery smoother and more confident Stay, Play & Learn: This group is for children under 5 years of age and their Parents and *main Carers.

Let's get Messy: explore textures and materials through sensory play for children under 5 and their parents or main carers.

Music and Movement – songs and music through physical activities

Baby Massage: A wonderful opportunity for you to learn how to communicate with your baby through nurturing touch and massage in a relaxed and welcoming environment. Priority will be given to those babies who may need it the most.

Bucket Time: To help to develop your child's listening and attention skills and support their early communication skills.

Enhanced Stay Play and Learn: A quieter group for children with a range of emerging needs

Communication Playgroup: Delivered by Speech and Language therapists to develop children's social communication and language skills through play.

Toddler group: For parents breastfeeding children 18

months to 3 years old

Breast Feeding Group: breastfeeding support

available to parents and carers. **EPEC-** Parenting Support group for parents of children 0-11yeas old.

Feeding Clinic -for children who have difficulty eating, drinking, or swallowing, or have significantly restricted diets/feeding aversions

LGBTQ+ peer group support for children and families

Breathe Melodies for Mums group singing programme for new mothers (and their babies) looking to boost emotional and mental wellbeing.

For Drop-in Well Child Health Clinics, Health Review appointments and Health Visiting team please contact 0330 0581 679.

EMHIP The Ethnicity and Mental Health Improvement Project is a transformative, community-led initiative aimed at reducing mental health inequalities for Black and Minority Ethnic (BME) communities in Wandsworth.

CARAS Co-designed in full partnership with young people, we run an array of social and educational programs each week to bolster wellbeing, boost educational outcomes and inspire young people to realise future success.

Youth Hub Youth club

(8-11yrs 3pm-6.30pm) (12yrs+ 3pm-9pm)(18+ 6.30pm-9pm) aged 8 – 19 years and up to 25 years with SEND. Come along and ask us about our holiday programme! Further Details Contact Karl Hylton 07779 455 300

email karl.hylton@richmondandwandsworth.gov.uk

The **Baby Box – Access for All Scheme** in Wandsworth is a supportive initiative designed to give babies the best start in life by providing essential items to families

information or support with the referral process.

Housing Advice - Wandsworth Residents

Please let us know if you'd like more

If you live in Wandsworth and need help with housing, support is available. Whether you're facing homelessness, struggling to maintain your tenancy, or need guidance on housing options, trained staff are here to help. Speak to a member of the team to book an appointment and receive advice and support. **Text Hosuing support appointment**07813 54256 or 07866 123708

Talk Shop Advice Clinic: 9.30 to 11.00am

If you have any concern about your child's Speech and Language development, please speak to a member of the Children's Centre team for information on drop-in sessions where you can speak to our assistant speech and language therapist. This session is for children 2.5years and under with Wandsworth GP

Franciscan: 2nd Thursday of the month Smallwood: 3rd Friday of the month

SEND IN MIND Support for families with children with SEND 0-19 years old Tooting Family Hub
Wednesday 17th September and 19th November
Booking required please talk to staff member.

Fortnightly online child development workshops on Monday afternoons for parents—see poster in centre email: Hannah.Skaife@richmondandwandsworth.gov.uk

EP drop in: (*Educational Psychologist*): If you have any concern about your child's learning development and behaviour, you can drop in and chat with the *Educational Psychologist* on.

Franciscan: 1st Wednesday of the month Smallwood: 2nd Friday of the month

Family Information Service provides information and assistance to parents, children, young people and professionals on support services and activities for the 0-19 years age group (25 if the young person has a special need). Look out for more information on visits to Centre's

Tooting

Family Hub for 0-19 or 0-25 with SEND



Tooting Family Hubs Contact: 020 8871 7415

For Youth Team Email: YouthandYOT@richmondandwandaworth.gov.uk For Children's Centre team Email: tootingchildrenscentres@richmondandwandsworth.gov.uk

Autum term 8th September to 19th December

	Monday	Tuesday	Wednesday	Thursday	Friday
Smallwood Children's Centre Entrance on Hazlehurst Road SW17 0TW	9.30am — 11am Fantastic Two's 10.45 — 11am Bucket Time	9.30am - 11.30am Well Child Health Clinic Drop in Please arrive by 11:15am	9.30am - 12pm Feeding Clinic Referral only	9.30am - 11.00am Speech and Language Communication Play Group Referral only	9.30am - 11.00am Lets Get Messy children under 5 years
	1.00pm - 3.30pm Health Reviews By appointment	9.30am - 11.00am Health Reviews By appointment	1.00pm - 3.00pm Advice and Guidance Form filling, applying for a nursery place or any other matter where support is needed	1.00pm - 3.00pm Advice and Guidance Form filling, applying for a nursery place or any other matter where support is needed	1.00pm - 2.30pm Breastfeeding Support Group Drop in
Franciscan Children's Centre 221 Franciscan Road SW17 8HQ	9.15am - 1.00pm Health Reviews. By appointment	1.30pm - 2.45pm Fantastic Babies 0 to 12 months Love 2 Learn 2 Read 9 th September to 30 th September	10.00am - 11.15am Enhanced Stay, Play and Learn By Referral 11.00am - 11.15am Bucket Time	9.30am - 11.00am Fantastic One's children 12 to 35 months 10.45 – 11.00am Bucket Time	10.00am - 11.15am Baby Massage Bookings only 10.00am - 12.30pm Empowering Parents Empowering Communities
	9.30am - 10.45am Fantastic Babies 0 to 12 months	9.15am - 1.00pm Health Reviews By appointment	Check Your Eligibility for Healthy Start If you're pregnant or have	10.00am - 11.15am Fantastic Babies 0 to 12months	Parenting support group By Referral
Fayland Children's Centre Fayland Avenue SW16 1SY	10.30am - 12.30pm	1.00pm - 3.00pm Advice and Guidance nursery place or any other matter where support is needed Nightingale Square: For families living in Temporary accommodation Stay, Play and learn 10.00am- 12.00pm for 0-4 years (Drop in) alongside Well baby clinic	a child under 4, you may be entitled to a Healthy Start card You can also collect free Healthy Start vitamins for you and your child at one of the Children's Centres in Wandsworth	1.30pm - 3.00pm Stay Play and Learn Drop in	10.00am- 12.00pm LGBTQ+ Every second Saturday Drop in
	Breastfeeding Support group delivered by BabyFare Drop in			1.30pm - 3.30pm Well Child Health Clinic Drop in Please arrive by 3.15pm	10.00am – 12.00pm Toddler Group Breastfeeding Support 13 th September Additional dates to follow
Tooting Family Hub 7a Beechcroft Road SW17 7BU Follow-up for weekend event	10am-11.30am Music and Movement Children under 5 years old Drop in Starts 15 th September	10.00am- 1.00pm Housing advice By appointment 9.30am – 11am Stay Play and Learn Children under 5 years old Drop in	Second S	9.30am - 11.30am Well Baby Clinic Breastfeeding Support Please arrive by 11.15am	9.00am - 4.45pm Health Reviews 9.45am - 10.30am 10.30am - 11.15am Fun time Fridays Early Years Music For children under 5 years o
	The Well Centre 1-1 emotional support counselling 3.30pm - 9.00pm Youth Hub Youth club	11am - 1.30pm EMHIP Walking /football 3.00pm - 9.00pm Youth Hub Youth club aged 8 - 19 years and up to 25 years with SEND. 6.30pm - 9pm 18+ Fitness session/ Music production Photography /Art & Crafts		Music Therapy 1.30pm-2.30pm 3.00pm-4.00pm Breathe Melodies Babies under 1 year Bookings only	Bookings onlý
	aged 8 – 19 years and up to 25		Getting Ready for School 4.00pm - 6.00pm CARAS Youth ESOL 6.30pm - 8.30pm	2.00pm - 4.00pm Substance Misuse support By appointment	Workshop 6.30pm - 9.00pm Youth Hub Youth club aged 8 – 19 years and up to 25 years with SEND. Fitness/Cooking session And DJ workshop
			6.30pm - 8.30pm CARAS Youth Club Drop in	6.30pm - 9.00pm Youth Hub Youth club aged 8 – 19 years and up to 25 years with SEND. Fitness/Cooking session And DJ workshop	