

About Start for Life Sessions:

Fantastic Ones: A six week programme supporting children between 1-2 years with their development through songs, stories plus age and stage appropriate play activities.

Fantastic Twos: A programme aimed at easing the transition from home to nursery, for children eligible for 2 year old funding but not yet attending a setting.

Baby Massage: A wonderful opportunity for you to learn how to communicate with your baby through nurturing touch and massage in a relaxed and welcoming environment. Priority will be given to those babies who may need it the most

Wandsworth Music: Providing early years music sessions for 0-5 year olds

Stay, Play & Learn: Our sessions provide you with opportunities to play together with your child in as stimulating environment, supporting your child's learning and development.

Stay, Play & Learn Under Ones: This group is for children 0-12 months old and their mums, dads/*main carers. Supporting development through play activities.

Health for Life Mums (H4L) This group is for mums of children aged 0-2 years, supporting nutrition, movement and healthy lifestyles.

Health for Life Minis This group is for parents and children aged 2 years and over supporting nutrition, movement and healthy lifestyles.

E: clcht.0-19wandsworthandrichmondadmin@nhs.net

Rackets Cubed Community Box: Social supermarket supporting residents of Battersea for a £4 donation you can come and shop for foo. Book your slot here : <https://racketscubed.com/community-box/>

Future First work with, and support care leavers who are now parents themselves to have the best start on their parenting journey.

iSensory Ci:: Activities supporting parents and carers with children who are with SEND.

Information, Advice and Guidance: Staff at the centres can support with form filling, applying for a nursery or any other matter where support is needed . Please email or call to arrange an appointment.

My Family Life looks at each family member & any support they may need from our services.

Healthy Start Vitamin collection: (for eligible families)

Pick up free vitamins for yourself and your child from York Gardens children's centre, or Yvonne Carr Family Hub - just show your card to a staff member. Apply here: www.healthystart.nhs.uk/how-to-apply

Talk Shop Advice Clinic (children under 30 months and registered with a Wandsworth GP): If you have any concern about your child's Speech and Language development, please drop in on the dates overleaf, to have a chat with the Speech and Language therapist.

PMHS (Parents Mental Health Service):

Supporting families experiencing challenges with mental health.

Power to Connect: Supporting families to access IT and computer skills To book your place, please contact Megan from Power to Connect on 07934553192 www.powertoconnect.co.uk

Fortnightly online child development workshops on Monday afternoons for parents—see poster in centres
email: Hannah.Skaife@richmondandwandsworth.gov.uk

Development Reviews – By appointment only Health visiting contact details: 0330 0581 679

Yvonne Carr	Tuesday	9:30am – 4:00pm
	Thursday	9:30am – 12:30pm
York Gardens	Monday	9:30am – 12:30pm
	Friday	9:30am – 4:00pm

Breastfeeding Support Group (Drop in): An opportunity to talk to your local health visitors about breastfeeding, getting handy tips and information.

FAST Youth Club www.fastlondon.co.uk run services for young people at Yvonne Carr Family Hub.
See timetable for sessions.
To book email : shae.clarke@fastlondon.co.uk

Wandsworth Family Information Service <https://fis.wandsworth.gov.uk>

Search > children's centres or Family Hubs for more information, or scan —>



If you have any immediate concerns about a child, contact MASH
Wandsworth Telephone: 020 8871 7899 Telephone outside of normal office hours (after 5pm weekdays or on weekends): 020 8871 6000
email: mash@wandsworth.gov.uk

Please note: Information is correct at the time of printing. A separate timetable will be published for our offer over May Half Term

Battersea

Family Hub & Start For Life Offer

The Family Hub and Start For Life Programme

Family Hubs are part of a National Programme which brings together many different services to support families from pregnancy to 19 years—or 25 years with SEND - in one place; making it easier for families to get the help they need at the right time. The children's centre offer for under 5s is now known as Start for Life

From
1st September
to
19th December



Contact us for information or to reserve your space on: **020 8871 8454** or

Email: Batterseaccs@richmondandwandsworth.gov.uk

Follow us on Facebook: **Battersea Children's Centres**

Battersea Cluster Family Hub and Start for Life Offer from 1st September to 19th December ****Pre-booking required for some sessions**

	Monday	Tuesday	Wednesday	Thursday	Friday
 York Gardens Children's Centre Lavender Road SW11 2UG  Battersea Children's Centres	Baby Massage 0-6months **Pre Booked 4-Week Course 10.00am -11.00am Please book with a member of staff Development Reviews 9.30am-12.00pm Pre Booked Appointments	Fantastic 2's 9.30am – 10.45am **Booking required Starts 16th September	Stay, Play and Learn 9.30am – 10.45am 0-4 years Starts 10th September <i>*Centre closed on 3rd September for staff training</i>	Well Baby Clinic 9.30am – 11.30am <u>Please arrive by 11.15am to be seen</u>	Stay, Play and Learn Under 1's 10.00am – 11.15am Starts 12th September York Gardens Library Baby Rhyme Time 11.30am-12.00noon 0-2years
	Breastfeeding Support Group Drop in 1.30pm – 3.00pm Youth Bus 3.00pm-7.00pm York Gardens Park, Lavender Road	Stay, Play and Learn 1.30pm—2.45pm 0-4years Starts 9th September	Falconbrook School Stay, Play and Learn 1.30pm – 3.00pm York Gardens Library: Lego Club 3.45pm-5.00pm Craft Club 4.00pm -5.15pm	Baby Massage 0-6months **Pre Booked 4-Week Course 1.30pm –2.30pm Please book with a member of staff Youth Bus 3.00pm-7.00pm Clapham Junction Station (Grant Road Exit)	Development Reviews 9.30am—4.00pm Pre Booked Appointments Story Time at York Gardens Library 3.45pm-4.45pm Under 5s
Yvonne Carr Family Hub 2 Thessaly Road, SW8 4HT  Call us on: 020 8871 8454  Email us at: Batterseaccs@richmondandwandsworth.gov.uk	Perinatal Support **By Referral Well Baby Clinic 9.30am – 11.30am <u>Please arrive by 11.15am to be seen</u> Stay, Play and Learn Under 1's 10.00am – 11.15am Starts 8th September	Development Reviews 9.30am - 4.00pm Pre Booked Appointments Baby Massage 0-6months **Pre Booked 4-Week Course 10.00am -11.00am Please book with a member of staff	Fantastic 2's 9.30am - 10.45am **Booking required Starts 17th September Immunisation Clinic 9.30am -3.30pm Pre-Booked Appointments Baby Massage 0-6months **Pre Booked 4-Week Course 10.00am –11.00am Please book with a member of staff	Enhanced Stay, Play and Learn **By Referral 10.00am - 11.15am Thumbs Up! Music Session 9.15 - 10am 2-5yrs 10 - 10.45am 0-12 months Starts 22nd Sept—24th Nov iSensory Boxing for Women 11.00am—12.30pm	Fantastic 1's 10.00am - 11.15am **Booking required Starts 19th September Development Reviews 9.30am -12 .00pm Pre Booked Appointments
	Stay, Play and Learn 1.30pm—2.45pm 0-4years Starts 8th September FAST Learning Hub (10-16 year olds) 5.00pm -8.00pm	Place2Be 9.00am-5.00pm Pre-booked appointments Lego Club 6-10 years 3.45pm - 4.45pm **Booking required	Housing Advice Fortnightly from 13th September 1.00pm-4.00pm Please book with a staff member FAST Youth Club 10-12years 4.00pm-6.00pm	Parental Mental Health Service (PMHS) **By Referral 12.30pm – 3.00pm FAST Youth Club 13-16 years 4.30pm -6.30pm	iSensory Coffee Mornings Feel Good Fridays—monthly Battersea Community Box 12.00pm-3.00pm Book Online >see reverse page Youth Bus: Yvonne Carr Family Hub Car Park 3.30pm- 6.00pm

Start for Life sessions are for mums, dads and *main carers with children aged 0-4 years old. ***Carers are defined as family members related to the child attending the sessions, Includes Looked After Children's foster carers.**