

## About Start for Life Sessions:

**Fantastic Ones:** A six week programme supporting children between 1-2 years with their development through songs, stories plus age and stage appropriate play activities.

**Fantastic Twos:** A programme aimed at easing the transition from home to nursery, for children eligible for 2 year old funding but not yet attending a setting.

**Baby Massage:** A wonderful opportunity for you to learn how to communicate with your baby through nurturing touch and massage in a relaxed and welcoming environment. Priority will be given to those babies who may need it the most

**Parent's Connections:** Supporting younger parents in the borough

**Stay, Play & Learn:** Our sessions provide you with opportunities to play together with your child in as stimulating environment, supporting your child's learning and development.

**Stay, Play & Learn Under Ones:** This group is for children 0-12 months old and their mums, dads/\*main carers. Supporting development through play activities.

**Health for Life Mums (H4L)** This group is for mums of children aged 0-2 years, supporting nutrition, movement and healthy lifestyles.

**Health for Life Minis** This group is for parents and children aged 2 years and over supporting nutrition, movement and healthy lifestyles.

E: [clcht.0-19wandsworthandrichmondadmin@nhs.net](mailto:clcht.0-19wandsworthandrichmondadmin@nhs.net)

**Rackets Cubed Community Box:** Social supermarket supporting residents of Battersea for a £4 donation you can come and shop for food. Book your slot here : <https://racketscubed.com/community-box/>

**Future First** work with, and support care leavers who are now parents themselves to have the best start on their parenting journey.

**Connecting Parents:** fortnightly meetings with staff and local parents delivering information and feedback to help families and shape the service to meet their needs.

**Information, Advice and Guidance:** Staff at the centres can support with form filling, applying for a nursery or any other matter where support is needed . Please email or call to arrange an appointment.



My Family Life looks at each family member & any support they may need from our services.

## Healthy Start Vitamin collection: (for eligible families)

Pick up free vitamins for yourself and your child from York Gardens children's centre, or Yvonne Carr Family Hub - just show your card to a staff member. Apply here: [www.healthystart.nhs.uk/how-to-apply](http://www.healthystart.nhs.uk/how-to-apply)

**Talk Shop Advice Clinic (children under 30 months and registered with a Wandsworth GP):** If you have any concern about your child's Speech and Language development, please drop in on the dates overleaf, to have a chat with the Speech and Language therapist.

## PMHS (Parents Mental Health Service):

Supporting families experiencing challenges with mental health.

**Power to Connect: Supporting families to access IT and computer skills** To book your place, please contact Megan from Power to Connect on 07934553192 [www.powertoconnect.co.uk](http://www.powertoconnect.co.uk)

**Fortnightly online child development workshops on Monday afternoons for parents—see poster in centres**  
email: [Hannah.Skaife@richmondandwandsworth.gov.uk](mailto:Hannah.Skaife@richmondandwandsworth.gov.uk)

## Development Reviews – By appointment only Health visiting contact details: 0330 0581 679

Yvonne Carr	Tuesday	9:30am – 4:00pm
	Thursday	9:30am – 12:30pm
York Gardens	Monday	9:30am – 12:30pm
	Friday	9:30am – 4:00pm

**Breastfeeding Support Group (Drop in):** An opportunity to talk to your local health visitors about breastfeeding, getting handy tips and information.

FAST Youth Club [www.fastlondon.co.uk](http://www.fastlondon.co.uk) run services for young people at Yvonne Carr Family Hub.  
See timetable for sessions.  
To book email : [shae.clarke@fastlondon.co.uk](mailto:shae.clarke@fastlondon.co.uk)

Wandsworth Family Information Service <https://fis.wandsworth.gov.uk>

Search > children's centres or Family Hubs for more information, or scan →



If you have any immediate concerns about a child, contact MASH  
Wandsworth Telephone: 020 8871 7899 Telephone outside of normal office hours (after 5pm weekdays or on weekends): 020 8871 6000  
email: [mash@wandsworth.gov.uk](mailto:mash@wandsworth.gov.uk)

Please note: Information is correct at the time of printing. A separate timetable will be published for our offer over May Half Term

# Battersea

## Family Hub & Start For Life Offer

### The Family Hub and Start For Life Programme

Family Hubs are part of a National Programme which brings together many different services to support families from pregnancy to 19 years—or 25 years with SEND - in one place; making it easier for families to get the help they need at the right time. The children's centre offer for under 5s is now known as Start for Life

From  
22nd April  
to  
25th July 2025




Contact us for information or to reserve your space on: **020 8871 8454** or

Email: [Batterseaccs@richmondandwandsworth.gov.uk](mailto:Batterseaccs@richmondandwandsworth.gov.uk)

Follow us on Facebook: **Battersea Children's Centres**

# Battersea Cluster Family Hub and Start for Life Offer from 22nd April to 25th July 2025\*\*Pre-booking required for some sessions

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>York Gardens Children's Centre</b> Lavender Road SW11 2UG</p>  <p><b>Battersea Children's Centres</b></p>	<p><b>Baby Massage 0-6months</b> **Pre Booked 4-Week Course 10.00am -11.00am <b>Starts 9th June</b></p> <p><b>Development Reviews</b> 9.30am-12.00pm Pre Booked Appointments</p> <p><b>Talk Shop (Speech and Language)</b> 9.30am -11.00am <b>19th May, 30th June &amp; 21st July</b> Please book a slot with a staff member</p>	<p><b>Fantastic 2's</b> 9.30am – 10.45am **Booking Required <b>Starts 22nd April</b></p> <p><b>Getting Ready for Nursery</b> 9.30am – 10.45am **Booking Required <b>Start 3rd June</b></p> <p><b>Health 4 Life Minis at Falconbrook School</b> 9.30am—10.30am **book via Email: clcht.0-19wandsworthandrichmondadmin@nhs.net</p>	<p><b>Stay, Play and Learn</b> 9.30am – 10.45am 0-4 years <b>Starts 30th April</b></p>	<p><b>Well Baby Clinic</b> 9.30am – 11.30am <b>Please arrive by 11.15am to be seen</b></p> <p><b>Family Information Service (FiS)</b> Information &amp; advice session 9.30am – 11.30am <b>17th July</b></p>	<p><b>Stay, Play and Learn Under 1's</b> 10.00am – 11.15am</p> <p><b>Baby Rhyme Time</b> at York Gardens Library 11.30am-12.00noon 0-2years</p> <p> Start for Life sessions are for mums, dads and *main carers with children aged 0-4 years old.</p> <p><i>*Carers are defined as family members related to the child attending the sessions, includes Look After Children carers.</i></p>
	<p><b>Breastfeeding Support Group</b> Drop in 1.30pm – 3.00pm</p> <p><b>Youth Bus</b> 3.00pm-7.00pm <b>York Gardens Park, Lavender Road</b></p>	<p><b>Stay, Play and Learn</b> 1.30pm—2.45pm 0-4years</p> <p><b>Family Information Service (FiS)</b> Information &amp; advice session 1.30pm—2.45pm <b>3rd June</b></p>	<p><b>Falconbrook School</b> <b>Stay, Play and Learn</b> 1.30pm – 3.00pm</p> <p><b>York Gardens Library:</b> <b>Lego Club</b> 3.45pm-5.00pm <b>Craft Club</b> 4.00pm -5.15pm</p>	<p><b>Baby Massage 0-6months</b> **Pre Booked 4-Week Course 1.30pm –2.30pm <b>Starts 24th April</b></p> <p><b>Youth Bus</b> 3.00pm-7.00pm <b>Clapham Junction Station</b> (Grant Road Exit)</p>	<p><b>Development Reviews</b> 9.30am—4.00pm Pre Booked Appointments</p> <p><b>Story Time at York Gardens Library</b> 3.45pm-4.45pm Under 5s</p>
<p><b>Yvonne Carr Family Hub</b> 2 Thessaly Road, SW8 4HT</p>  <p>Call us on: <b>020 8871 8454</b></p>  <p>Email us at: <a href="mailto:Batterseaccs@richmondandwandsworth.gov.uk">Batterseaccs@richmondandwandsworth.gov.uk</a></p>	<p><b>Perinatal Support</b> **By Referral</p> <p><b>Well Baby Clinic</b> 9.30am – 11.30am <b>Please arrive by 11.15am to be seen</b></p> <p><b>Family Information Service (FiS)</b> Information &amp; advice session 9.30am -11.30am <b>12th May</b></p> <p><b>Stay, Play and Learn Under 1's</b> 10.00am – 11.15am</p>	<p><b>Health 4 Life Minis</b> 10.00am—11.00am <b>29th April –20th May</b> **book via Email: clcht.0-19wandsworthandrichmondadmin@nhs.net</p> <p><b>Development Reviews</b> 9.30am - 4.00pm Pre Booked Appointments</p>	<p><b>Fantastic 2's</b> 9.30am - 10.45am **Booking Required <b>Starts 23rd April</b></p> <p><b>Immunisation Clinic</b> 9.30am -3.30pm Pre-Booked Appointments</p> <p><b>Baby Massage 0-6months</b> **Pre Booked 4-Week Course 10.00am –11.00am <b>Starts 23rd April</b></p>	<p><b>Enhanced Stay, Play and Learn</b> **By Referral 10.00am - 11.15am Starts 24th April</p> <p><b>Talk Shop (Speech and Language)</b> Drop in 9.30am - 11.00am <b>15th May, 19th June &amp; 17th July</b></p> <p><b>iSensory Boxing for Women</b> 11.00am—12.30pm</p>	<p><b>Fantastic 1's</b> 10.00am - 11.15am **Booking Required <b>Starts 2nd May</b></p> <p><b>Getting Ready for Nursery</b> 9.30am – 10.45am **Booking Required <b>From 3rd June—18th July</b></p> <p><b>Development Reviews</b> 9.30am -12 .00pm Pre Booked Appointments</p> <p><b>Family Information Service (FiS)</b> Information &amp; advice session <b>27th June from 10.30am</b></p>
	<p><b>Stay, Play and Learn</b> 1.30pm -2.45pm 0-4 years</p> <p><b>FAST Learning Hub (10-16 year olds)</b> 5.00pm -8.00pm</p>	<p><b>Place2Be</b> 9.00am-5.00pm <b>Pre-booked appointments</b></p> <p><b>Lego Club</b> 6-10 years 3.45pm - 4.45pm **Booking Required</p>	<p><b>Housing Advice</b> <b>Fortnightly from 8th January</b> 1.00pm-4.00pm Please book with a staff member</p> <p><b>FAST Youth Club 10-12years</b> 4.00pm-6.00pm</p>	<p><b>Parental Mental Health Service (PMHS)</b> **Booking Required 12.30pm – 3.00pm</p> <p><b>Baby Massage 0-6months</b> **Pre Booked 4-Week Course 1.30pm –2.30pm <b>Starts 24th April</b></p> <p><b>FAST Youth Club 13-16 years</b> 4.30pm -6.30pm</p>	<p><b>iSensory Coffee Mornings</b> <b>Feel Good Fridays</b> 10.30am—12.00pm</p> <p><b>Battersea Community Box</b> 12.00pm-3.00pm Book Online &gt;</p> <p><b>Youth Bus:</b> <b>Yvonne Carr Family Hub Car Park</b> 3.30pm- 6.00pm</p>