

## About Start for Life Sessions:

**Fantastic Ones:** A six week programme supporting children between 1-2 years with their development through songs, stories plus age and stage appropriate play activities.

**Fantastic Twos:** A programme aimed at easing the transition from home to nursery, for children eligible for 2 year old funding but not yet attending a setting.

**Baby Massage:** A wonderful opportunity for you to learn how to communicate with your baby through nurturing touch and massage in a relaxed and welcoming environment. Priority will be given to those babies who may need it the most

**Parent's Connections:** Supporting younger parents in the borough

**Stay, Play & Learn:** Our sessions provide you with opportunities to play together with your child in a stimulating environment, supporting your child's learning and development.

**Stay, Play & Learn Under Ones:** This group is for children 0-12 months old and their mums, dads/\*main carers. Supporting development through play activities.

**Health for Life Mums (H4L)** This group is for mums of children aged 0-2 years, supporting nutrition, movement and healthy lifestyles.

**Health for Life Minis** This group is for parents and children aged 2 years and over supporting nutrition, movement and healthy lifestyles.

E: [clcht.0-19wandsworthandrichmondadmin@nhs.net](mailto:clcht.0-19wandsworthandrichmondadmin@nhs.net)

**Breathe Melodies for Mums:** Supporting mums who may be facing mental health challenges. Families can be referred by a professional or self refer here: [www.breatheahr.org/melodies-for-mums](http://www.breatheahr.org/melodies-for-mums)

**Future First** work with, and support care leavers who are now parents themselves to have the best start on their parenting journey.

**Connecting Parents:** fortnightly meetings with staff and local parents delivering information and feedback to help families and shape the service to meet their needs.

**Information, Advice and Guidance:** Staff at the centres can support with form filling, applying for a nursery or any other matter where support is needed. Please email or call to arrange an appointment.



My Family Life looks at each family member & any support they may need from our services.

## Healthy Start Vitamin collection: (for eligible families)

Pick up free vitamins for yourself and your child from York Gardens children's centre, or Yvonne Carr Family Hub - just show your card to a staff member. Apply here: [www.healthystart.nhs.uk/how-to-apply](http://www.healthystart.nhs.uk/how-to-apply)

## Talk Shop Advice Clinic Monthly (children under 30 months and registered with a Wandsworth GP):

If you have any concern about your child's Speech and Language development, please attend on the dates overleaf, to have a chat with the Speech and Language therapist. For Mondays at York Gardens—please book a time with a staff member, Thursdays at Yvonne Carr runs on a first come first seen basis.

## PMHS (Parents Mental Health Services):

Supporting families experiencing challenges.

**Power 2 Connect: Supporting families to access IT and computer skills** To book your place, please contact Megan from Power to Connect on 07934553192 [www.powertoconnect.co.uk](http://www.powertoconnect.co.uk)

**Fortnightly online workshops on Monday afternoons for parents—see poster in centre**

email:[Hannah.Skaife@richmondandwandsworth.gov.uk](mailto:Hannah.Skaife@richmondandwandsworth.gov.uk)

## Development Reviews – By appointment only

Health visiting contact details: 0330 0581 679

Yvonne Carr	Tuesday	9:30am – 4:00pm
	Thursday	9:30am – 12:30pm
York Gardens	Monday	9:30am – 12:30pm
	Friday	9:30am – 4:00pm

**Breastfeeding Support Group (Drop in):** An opportunity to talk to your local health visitors about breastfeeding, getting handy tips and information.

FAST Youth Club [www.fastlondon.co.uk](http://www.fastlondon.co.uk) run services for young people at Yvonne Carr Family Hub.

See timetable for sessions.

To book email : [shae.clarke@fastlondon.co.uk](mailto:shae.clarke@fastlondon.co.uk)

Wandsworth Family Information Service  
<https://fis.wandsworth.gov.uk>

Search > children's centres or Family Hubs for more information, or scan -->



If you have any immediate concerns about a child, contact MASH  
Wandsworth Telephone: 020 8871 7899 Telephone outside of normal office hours (after 5pm weekdays or on weekends): 020 8871 6000  
email: [mash@wandsworth.gov.uk](mailto:mash@wandsworth.gov.uk)

Please note: Information is correct at the time of printing.

# Battersea Family Hub Offer

## The Family Hub and Start for Life Programme

Family Hubs are part of a National Programme which brings together many different services to support families from pregnancy to 19 years—or 25 years with SEND - in one place; making it easier for families to get the help they need at the right time. The children's centre offer for under 5s is now known as Start for Life

From 2nd  
September to  
20th December  
2024



Contact us for information or to book a session on: 020 8871 8454 or

Email: [Batterseaccs@richmondandwandsworth.gov.uk](mailto:Batterseaccs@richmondandwandsworth.gov.uk)

Follow us on Facebook: Battersea Children's Centres



# Battersea Cluster Family Hub and Start for Life Offer: What's on from 2nd September to 20th December 2024

Our Centres provide a welcoming space where you and your child can have fun and learn. **\*\*Booking required for some sessions**

Start for Life sessions are for mums, dads and \*main carers with children aged 0 - 4 years old. \*Carers are defined as family members related to the child attending the session, includes LAC carers.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>York Gardens Children's Centre</b> Lavender Road, SW11 2UG	<b>Baby Massage 0-6months</b> <b>**Pre Booked 4-Week Course</b> 10.00am -11.00am 9 <sup>th</sup> Sept– 7 <sup>th</sup> Oct <b>Parent's Connections Baby Massage</b> 11.30am -12.30 30 <sup>th</sup> September to 21 <sup>st</sup> October <b>**Invitation Only</b> <b>Development Reviews</b> 9.30am-12.00pm Pre Booked Appointments <b>Talk Shop (Speech and Language)</b> 9.30-11.00am (please book a slot) 16 <sup>th</sup> Sept 21 <sup>st</sup> Oct . 18 <sup>th</sup> Nov 16 <sup>th</sup> Dec	<b>Fantastic 2's</b> 9.30am – 10.45am <b>**by invitation</b> Starts 10 <sup>th</sup> September	<b>Stay, Play &amp; Learn</b> 9.30am – 10.45am 0-4 years Starts 4 <sup>th</sup> September	<b>Well Baby Clinic</b> 9.30am – 11.30am <b><u>Please arrive by 11.15am to be seen</u></b>  <b>NEW! Tots Talking sessions coming to centres soon</b>	<b>Stay, Play &amp; Learn Under 1's</b> 10.00am – 11.15am Starts 6 <sup>th</sup> September  <b>Development Reviews</b> 9.30am—4.00pm Pre Booked Appointments
	<b>Breastfeeding Support Group</b> 1.30pm – 3.00pm <b>Youth Bus</b> 3.00pm-7.00pm <b>York Gardens Park</b>	<b>Stay Play &amp; Learn</b> 1.30pm—2.45pm 0-4years Starts 3 <sup>rd</sup> September	<b>Future Tots with Future First</b> 12.30pm—2.30pm <b>**Invitation Only</b>	<b>Youth Bus</b> 3.00pm-7.00pm Clapham Junction Station (Grant Road Exit)	<b>Health 4 Life Mums</b> 1.00pm-2.30pm 8 <sup>th</sup> November to 13 <sup>th</sup> December <b>**Please book Email:</b> clcht.0-19wandsworthandrichmondadmin@nhs.net
<b>Yvonne Carr Family Hub</b> 2 Thessaly Road, SW8 4HT	<b>Well Baby Clinic</b> 9.30am – 11.30am <b><u>Please arrive by 11.15am to be seen</u></b>  <b>Stay, Play and Learn Under 1's</b> 10.00am – 11.15am Starts 2 <sup>nd</sup> September	<b>Stay, Play and Learn</b> 9.30am – 10.45am 0-4 years Starts 3 <sup>rd</sup> September <b>Development Reviews</b> 9.30am - 4.00pm Pre Booked Appointments <b>Baby Massage 0-6m</b> <b>**Pre booked 4 week course</b> 1.30pm-2.30pm 10 <sup>th</sup> Sept– 8 <sup>th</sup> Oct	<b>Fantastic 2's</b> 9.30am - 10.45am <b>**Invitation Only</b> Starts 11 <sup>th</sup> September <b>Immunisation Clinic</b> 9.30am-3.30pm Pre-Booked Appointments <b>WorkMatch</b> 10.30am—12.00 pm 4 <sup>th</sup> Sept, 2 <sup>nd</sup> Oct, 6 <sup>th</sup> Nov & 4 <sup>th</sup> Dec Support with training & employment	<b>Enhanced Stay, Play and Learn</b> <b>**by referral.</b> 10.00am - 11.15am Starts 12 <sup>th</sup> September <b>Strengthening Families Strengthening Communities Parenting Group</b> 9.30am-12.30pm <b>**Please book</b> 19 <sup>th</sup> September to 12 <sup>th</sup> December Limited children's play spaces (creche) <b>Talk Shop (Speech and Language)</b> 9.30am - 11.00am first come, first seen 12 <sup>th</sup> Sept, 10 <sup>th</sup> Oct, 14 <sup>th</sup> Nov & 12 <sup>th</sup> Dec	<b>SLT Communication &amp; Language Group</b> 9.30am -11.30am pre booked by SLT team  <b>Connecting Parents</b> 9.30am-10.30am Fortnightly from 27 <sup>th</sup> September  <b>Fantastic 1's</b> 10.00am-11.15am Starts 13 <sup>th</sup> September <b>**Invitation Only</b>
	<b>Health 4 Life Mums</b> 1.00pm-2.30pm 16th September - 21st October <b>**Please book Email:</b> clcht.0-19wandsworthandrichmondadmin@nhs.net  <b>FAST Learning Hub (10-16 year olds)</b> 5.00pm -8.00pm	<b>Power 2 Connect Family Online Safety Course</b> 1 <sup>st</sup> October to 22 <sup>nd</sup> October 10.00am—12.00pm Call to book on <b>07934 553 192</b>  <b>Place2Be</b> 9.00am-5.00pm <b>Pre-booked appointments</b>	<b>Housing Advice</b> <b>Fortnightly from 11th September</b> 1.00pm-4.00pm <b>Please ask team member to book</b>  <b>Breathe Melodies for Mums</b> 12.30-1.30pm & 2.30pm-3.30pm <b>**By referral ask staff for details</b>  <b>FAST Youth Club 13-16yrs</b> 4.00pm-6.00pm	<b>Parental Mental Health Service (PMHS) **Invitation only</b> 12.30pm – 3.00pm  <b>FAST Youth Club 10-12yrs</b> 4.00pm -6.00pm	<b>Development Reviews</b> 9.30am-12 .00pm Pre Booked Appointments  <b>Youth Bus:</b> <b>Yvonne Carr Family Hub</b> 3.30pm-6.00pm